

# Healthcare

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## Thrive Literature Review Overview

**What is Healthcare?** Systems, services, and resources that allow Central Florida residents to achieve optimal physical and mental health; medical care, behavioral health and preventive services, and insurance coverage, as well as care for the social determinants shaping health outcomes.

**What is it characterized by?** Equal access to informed, affordable, and high-quality care regardless of income, race, or zip code; integrated physical, behavioral, and social services.

## Critical Issues in Central Florida

Insurance & Coverage Gaps	Provider Shortages	Youth Mental Health Crisis
Maternal Mortality	Chronic Disease Burdens	Silo-ing of Systems

## Strategic Priorities & Interventions

- 1. Expanding Access for the Uninsured & Underinsured:** Deployment of set number of no-cost community health navigators in libraries, schools, community centers helping residents enroll in ACA/Medicaid; pilot employer-sponsored Direct Primary Care Co-Ops (\$50-75/month flat fee for unlimited primary care).
- 2. Tackling Maternal/Child Health Barriers:** Scale nurse home visiting services serving 500+ first-time low-income mothers; add community doula programs for set number of women; scholarships and financial incentives for local students who commit to working in maternal health in marginalized communities.
- 3. Chronic Disease Prevention:** Implement “produce prescription” for 2,000+ patients with diabetes/hypertension/food insecurity; certify and promote community organizations delivering CDC Diabetes Prevention Program enrolling 1,000+ adults; implement 10+ “Complete Streets” projects (sidewalks, crosswalks, bike lanes) in underserved neighborhoods.
- 4. Integrating Behavioral Health into Primary Care:** Implement Collaborative Care Model in 10+ practices embedding behavioral health consultants; place therapists or telehealth in high-need schools with universal screening; establish two to three mobile crisis teams (clinician + peer specialist + EMT) responding to behavioral health emergencies.